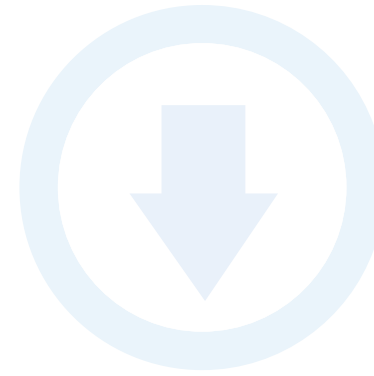


CASE STUDY #2

Reducing Antipsychotics: A System-Based Approach



In conjunction with one of our skilled nursing partners, TeamHealth has worked to reduce long-term antipsychotic usage in facilities across Virginia and North Carolina over the past two years. Our clinical partnership with our facilities and a keen understanding and evaluation on the appropriate use of antipsychotic medications in the long-term care space has helped many of these partner facilities achieve antipsychotic medication distribution rates that are well below national averages.

Facility Name	% of Long-Stay Residents Who Received an Antipsychotic Medication 01/1/21 - 12/31/21 ⁽¹⁾	% of Long-Stay Residents Who Received an Antipsychotic Medication 04/1/21 - 03/31/22 CURRENT NHC DATA ⁽¹⁾	National Average % Long-Stay Residents who Received an Antipsychotic Medication CURRENT NHC DATA ⁽²⁾	TSI Long - Stay Antipsychotic QM Q2 2022 ⁽¹⁾	TSI Long - Stay Antipsychotic QM Q3 2022 CURRENT DATA ⁽¹⁾
Facility 1	10.1%	10.3%	<u>14.5%</u>	11.1%	12.3%
Facility 2	9.3%	10.1%	<u>14.5%</u>	11.3%	11.4%
Facility 3	14.9%	12.7%	<u>14.5%</u>	13.2%	11.1%
Facility 4	5.2%	4.9%	<u>14.5%</u>	10.3%	8.5%
Facility 5	9.5%	10.1%	<u>14.5%</u>	8.5%	7.7%
Facility 6	2.5%	1.9%	<u>14.5%</u>	3.1%	1.0%

⁽¹⁾ TeamHealth data ⁽²⁾ Nursing Home Compare national benchmark data



How TeamHealth helps post-acute providers achieve success in reducing use of antipsychotic medications in nursing home patients:

- If patient admits to facility on a PRN antipsychotic, we work with our provider partners to evaluate appropriateness of medication and either D/C PRN or evaluate patient for appropriate diagnosis per CMS guidelines
- We partner with facility MDS department to evaluate and coordinate medication changes if appropriate during the ARD look back period. Clinician's review Casper reports on-going
- We work with our partner providers to recommend non-pharmacological interventions prior to medication adjustments
- We focus on GDRs per CMS requirements
- We educate facility clinical staff on behavior management protocols and monitoring prior to prescribing of medication