



The best in **self-defense, fitness & fight!** Classes 7 days a week. Spacious 10,000 square-foot facilities with 4 training rooms, lockers, showers, free parking and other amenities.

Special Membership Offers for TeamHealth Employees

\$0 enrollment on all adult membership plans!

\$30 off base monthly dues and \$10 off of
first add-on program!

Full access to two state-of-the-art training
centers in Los Angeles!

Proof of employment at TeamHealth required upon sign up.

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Sherman Oaks, CA 91403
(818) 377-7700

West L.A.
11400 W.Olympic Blvd. #100
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