

Individual H1N1 (Swine) Flu Supply Sheet

We recommend keeping the following items at your workstation:

Hand Sanitizer – In addition to washing your hands throughout the day, make sure you use hand sanitizer. Sanitizing kills the germs that can cause H1N1 (Swine) Flu.



Alcohol Wipes – Frequently wipe down the items you use the most. These items may include your telephone, keyboard, mouse, desk drawers, stapler, your desk, and chair.

Tissues – Always sneeze and cough into a tissue. This traps germs and does not allow them to spread as easily. Immediately discard your tissue after using and sanitize your hands.



Facemasks – These protective barriers are also available to TeamHealth employees. For more information about how they can be used correctly, go to teamhealth.com/wellness/fluinformation.