

TO: TeamHealth Employees
FROM: Lisa Courtney, VP of Human Resources
DATE: September 18, 2009
SUBJECT: TeamHealth Employee Resources for 2009 Flu Season

H1N1 (swine) flu is a highly contagious strain of influenza expected to affect many people over the next few months. While a vaccine is still under development, taking simple preventive measures is the most effective method of avoiding the spread of both H1N1 and seasonal flu. TeamHealth is committed to keeping its employees healthy, and we are providing the following information to help you and your family members keep informed about this matter.

The symptoms of H1N1 (swine) flu are very similar to the symptoms of seasonal flu, and include fever, headache, sore throat, tiredness, muscle aches, and cough. Symptoms such as vomiting and diarrhea seem to be reported more frequently with H1N1 (swine) flu than seasonal flu.

Resources for 2009 Flu Season

- A flu information portal has been created, which can be accessed by going to: www.teamhealth.com/wellness/fluinformation. You can copy the address and paste into your web browser.
- If you or any of your family members would like to speak directly to a nurse about the flu, call the Nurseline at 800.401.7396 (UnitedHealthcare members) or Lifeworks at 800.854.1446 (all employees). This service is available to you 24 hours a day, 7 days a week, free of charge.
- If you cannot find what you are looking for, email wellness@teamhealth.com for assistance.
- TeamHealth encourages compliance with CDC-recommended steps to contain the flu (see information attached).
- TeamHealth employees with visible symptoms of the flu will be asked to go home and stay home until fever-free without medication for 24 hours.
- TeamHealth employees who need to take off from work to care for a family member will be asked to work from home if possible, with management approval.
- Work Locations:
 - Sanitizer, alcohol wipes, tissues, and masks will be made available to all major locations for individual use.
 - All janitorial services will be contacted to ensure use of CDC-recommended cleaning products.

Thank you for your attention to this important matter.